





# HEALTHY SUSTAINABLE WORKPLACE

4Nature System is a prop-tech company that has been developing the idea of biophilic design in offices for many years. Our mission is to bring nature closer to a human and improve air quality with live plants supported by advanced IoT technology.

We strongly believe that by combining these elements, we effectively take care of well-being of people. The green environment in the workplace has a positive effect on our health, productivity and satisfaction with life.

Creating safe and healthy interiors in line with the idea of biophilic design requires an innovative approach. The IoT platform with a mobile app is an array of sensors monitoring the office environment and plants condition, providing adaptive, autonomous control. Together with verticality, it introduces more live greenery into offices with minimal maintenance costs. Our solutions are modular and compatible, thus providing unlimited arrangement possibilities. We provide architects and designers with tools to create healthy and sustainable work spaces.

We spend 90% of our time indoors, so their arrangement is crucial for our physical and mental health.

Vegetation changes the space perception by people. Interiors with plants are considered much more attractive than those that are devoid of them.

4Nature System solutions increase air humidity, improve air quality and increase work comfort. They have a positive effect on well-being, reduce stress, increase creativity and efficiency.

However, the right amount of plants is very important because only then we can obtain a noticeable improvement in the microclimate and well-being of employees. In the 4Nature System, we have checked the exact impact of our vertical plant systems on office workers. The research was carried out on our behalf by the Polish Green Building Council together with the Silesian University of Technology.

62%

of people noticed an increase in work efficiency and cognitive performance 84%

of employees felt an improvement in their well-being and reduction in stress

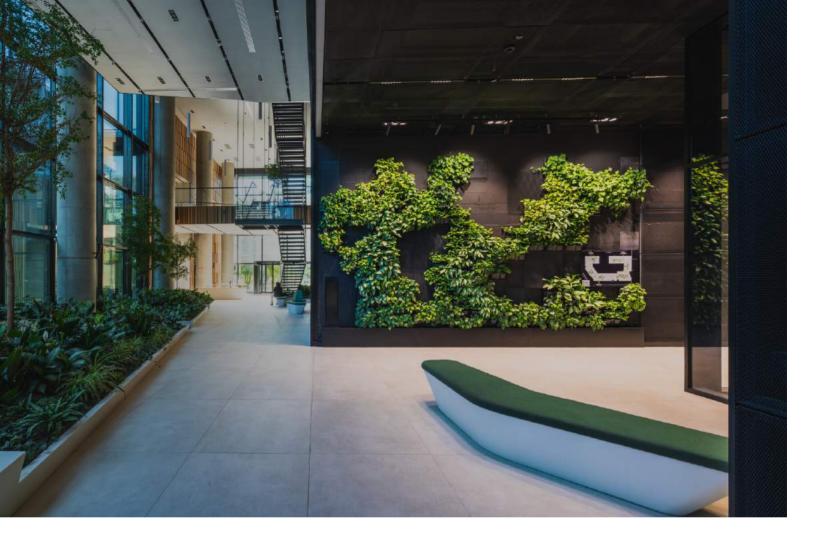
80%

of employees felt an improvement in air quality and humidity 88%

of people want to have plants as close to the workplace as possible – up to 2m.

86%

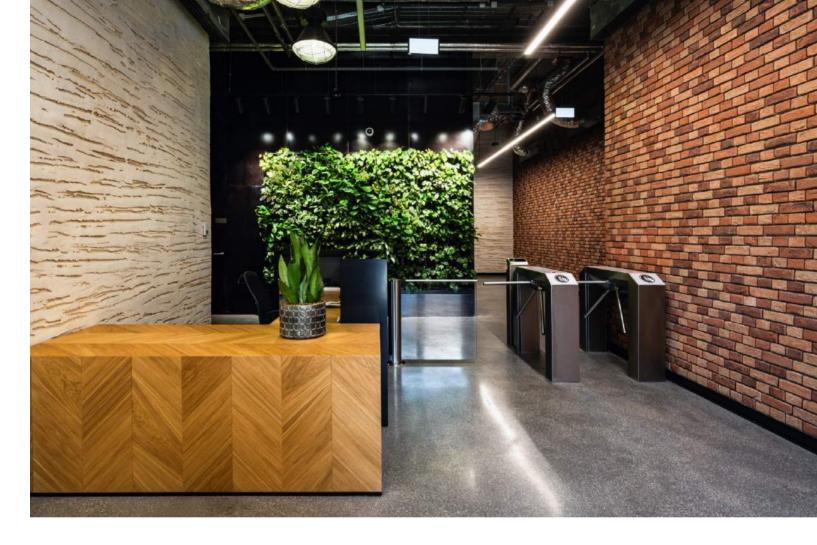
of people confirmed an improvement in work comfort





#### FOREST WARSAW

4Nature Vitis



KONESER

WARSAW



**4Nature Wall** ្រី Kinga Skalik





#### PODIUM PARK CRACOW

**4Nature Wall** 4Nature System



#### **BAYER**

WARSAW



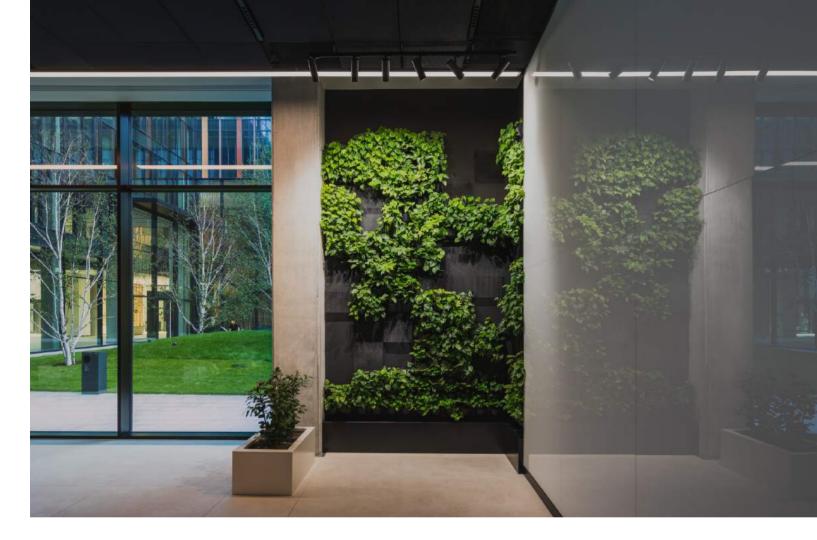






FOREST WARSAW

4Nature Vitis



#### **FOREST**

WARSAW









PERLA POLSKA SLUPSK

4Nature Wall

Kinga Skalik



#### **OFFICE**

WARSAW









#### FOREST WARSAW

4Nature Vitis



**VARSO** 

WARSAW

4Nature Basic

Kinga Skalik







#### MARINA MOKOTÓW WARSAW

**4Nature Wall** 4Nature System



#### **OFFICE**

WARSAW









GOOD TIME DAY SPA POZNAN

> 4Nature Wall ଡିଡି Good Time Day Spa

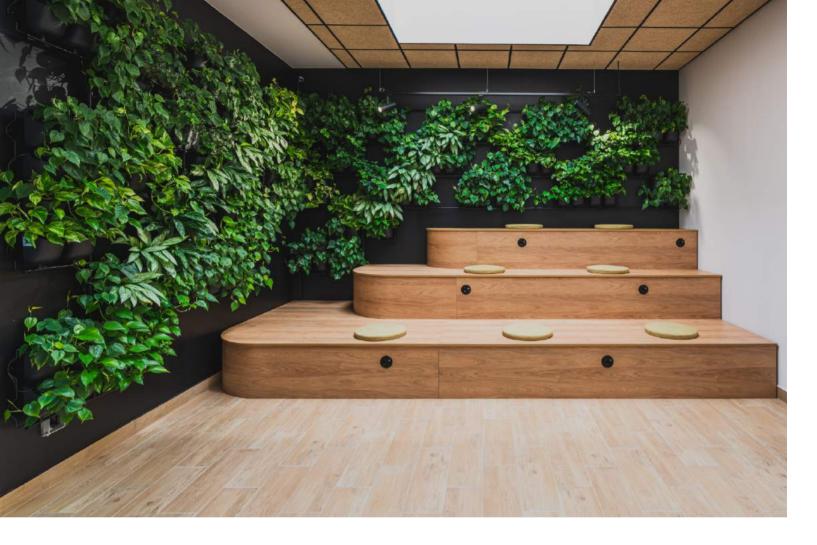


#### **TULIPAN HOUSE**

WARSAW

**4Nature Wall**Mature System







PERLA POLSKA SLUPSK

4Nature Vitis



#### **TETRIS**

WARSAW







#### TETRIS Warsaw

4Nature Basic

Kinga Skalik



#### **NESTLE HOUSE**

WARSAW

**4Nature Basic** ្រី Kinga Skalik

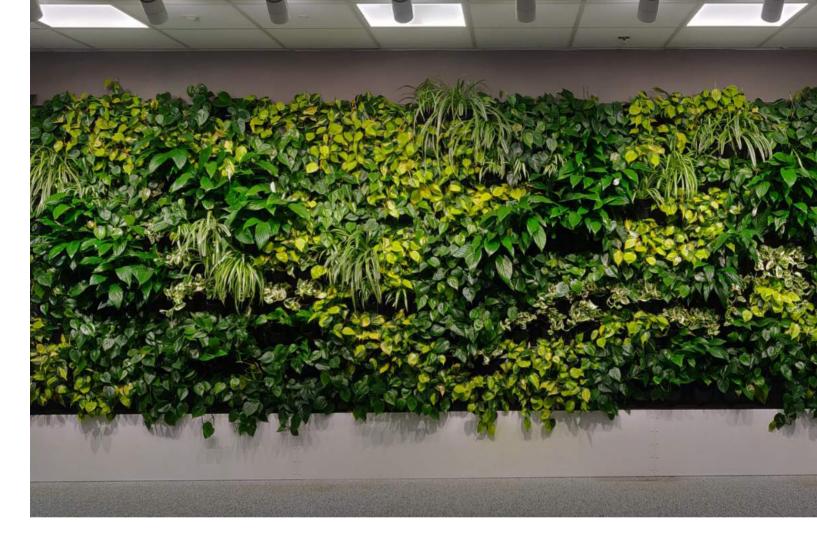




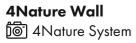


**OFFICE** WARSAW

4Nature N'Joy To Kinga Skalik



H&M WARSAW









**OFFICE** WARSAW

4Nature Wall

Kinga Skalik



#### **EQUINIX**

WARSAW



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BUSINESS LINK CRACOW

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#### **NESTLE HOUSE**

WARSAW









PUBLICIS GROUPE WARSAW

4Nature Wall

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#### **OFFICE**

WARSAW











TETRIS WARSAW

4Nature Amstel

To Kinga Skalik

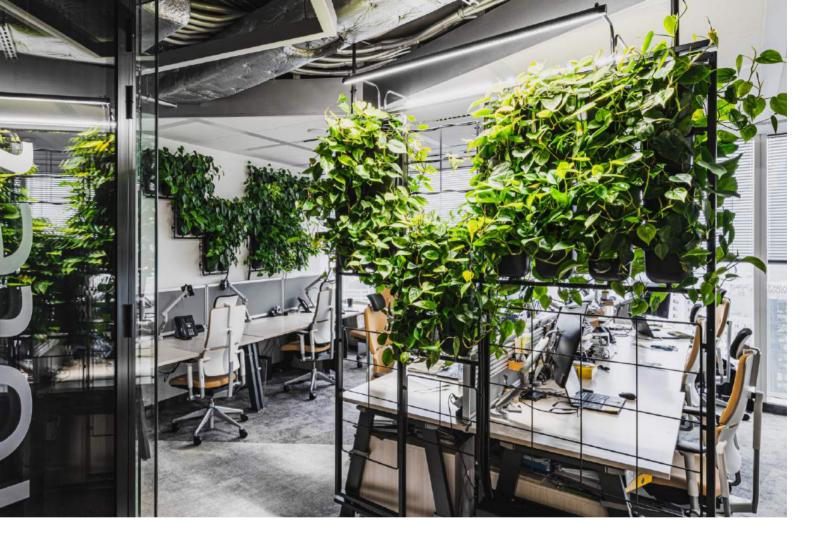


**TETRIS** 

WARSAW



4Nature N'Joy ିଡ଼ି Kinga Skalik





TETRIS WARSAW

4Nature N'Joy & Vitis loga Skalik



**BLOK ARCHITEKCI** 

**CRACOW** 









**OFFICE** WARSAW

4Nature Basic

Kinga Skalik



#### **TETRIS**

WARSAW









# CONFERENCE ROOM

KUBAN & SALAK WARSAW

**4Nature Vitis**Kinga Skalik



CONFERENCE ROOM

ZIMMERMAN SIERAKOWSKI & PARTNERS

WARSAW



4Nature Wall

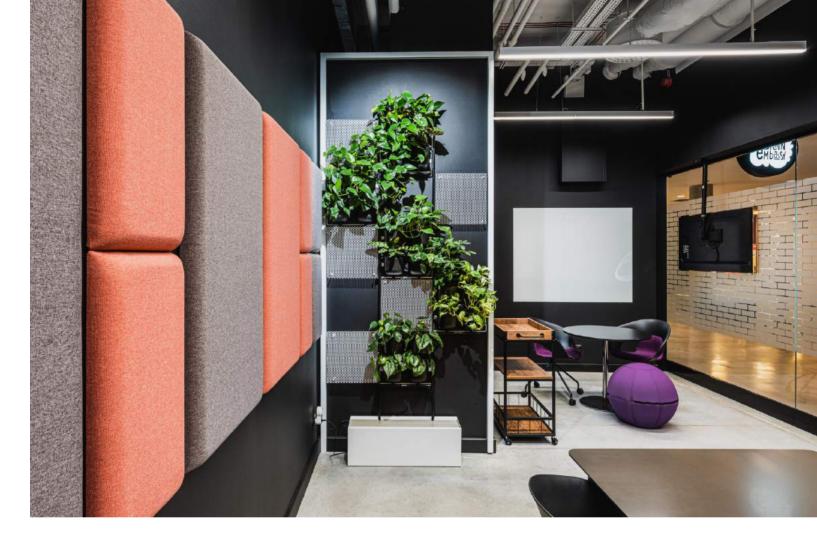




## CONFERENCE ROOM

BRAIN EMBASSY WARSAW

4Nature Amstel



CONFERENCE ROOM

**BRAIN EMBASSY** 









CONFERENCE ROOM

**OFFICE** WARSAW

4Nature Wall

Kinga Skalik



WORKSHOPS ROOM

### **BRAIN EMBASSY**









WORKSHOPS ROOM

BRAIN EMBASSY WARSAW

4Nature Vitis



**GEA POLSKA** 

KOSZALIN



4Nature Vitis

Kinga Skalik

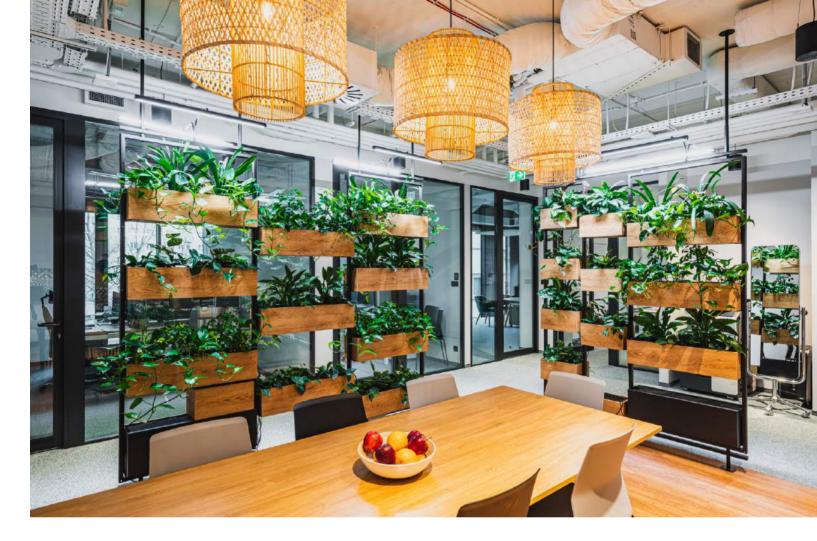




# **OFFICE** WARSAW

4Nature Wall

Kinga Skalik



### **OLSEN FASHION**









**OFFICE** GDANSK

**4Nature Wall** 4Nature System



### **OTERRA POLAND**









SPA ZONE

HOTEL GREEN DEER PREMIUM ZAKOPANE

4Nature Wall



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